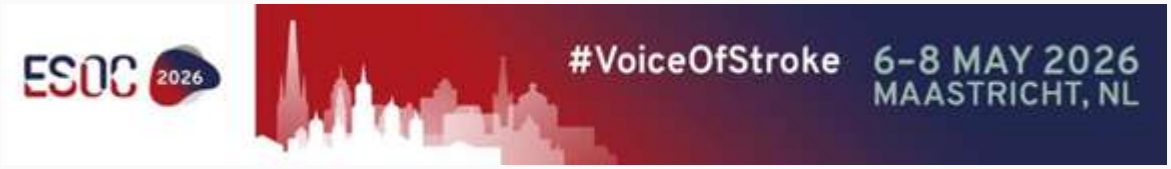
DO-IT Trial Newsletter - ESOC Meeting & Recruitment Milestones

Dear Investigators and Study Teams,

ESOC Investigator Meeting - Join Us!

We warmly invite you and your study teams to attend our upcoming investigator meeting:



- **Date**: **07 May 2026**
- **Time**: **13:00-13:45**
- **Venue**: MECC Forum 100, 6229 GV Maastricht, The Netherlands
- **Meeting Room**: 0.9 Athens, Level 0

This will be a great oppotunity to connect in person with:

- Study updates
- Practical "pearls and pitfalls"
- The chance to meet the DO-IT team and global study community

Light snacks and beverages are available. If you are unable to join us in person, you can join remotely via Zoom:

- https://us02web.zoom.us/j/81133719543 pwd=YT2P6od3dbqnZOX8ydgJamQZecz5WK.1
- Meeting-ID: 811 3371 9543

- Password: 897968

Approaching the 200th Patient Milestone

To celebrate reaching **100 patients enrolled**, we took the opportunity to recognize the site **Biel** who recruited the **100th patient** and received some Swiss chocolate.

We are currently at **189 randomized patients** - a fantastic achievement and pace!
With ESOC just ahead, we have a shot at reaching the **200th patient before or during the DO-IT Investigator Meeting**. :-)

Please make every effort to screen and include all eligible patients - of course another sweet reward will be sent to the site enrolling the 200th patient!

Site Spotlight – Recruitment Excellence

Current best recruitment relative to time since site activation

1. **2.8 patients/month**: **Amsterdam UMC** (21 patients randomized, PI and EU representative Jonathan Coutinho)

2. **2.4 patients/month: Arnhem** (5 patients randomized, PI Doeschka Ferro)

3. **1.9 patients/month: Leiden** (3 patients randomized) and **Bern** (27 patients randomized); PIs Nyika Kruyt & Thomas Meinel)


4. **1.6 patients/month**: **Basel** (20 patients randomized) & Freiburg (6 patients randomized; PIs Mira Katan & Gerrit Grosse & Jürgen Bardutzky)



5. **1.5 patients/month: Barmherzige Brüder Wien** (2 patients randomized, PI Marek Sykora)

Current absolute recruitment numbers

1. **Bern** (27 patients randomized, Team Thomas Meinel, David Seiffge, Marianne Kormann)

2. **Amsterdam UMC** (21 patients randomized, PI Jonathan Coutinho)

3. **Basel** (20 patients randomized, PIs Mira Katan, Gerrit Grosse, Joachim Fladt)


4. **Tübingen** (13 patients randomized, PI Annerose Mengel)

5. **Heidelberg & Lausanne** (8 patients randomized, PIs Jan Purrucker & Davide Strambo)


Enhancing Recruitment: “Randomize at Home” Concept

To further support enrollment - especially outside office hours - we encourage to check if at your site you could also include patients during non-office hours. A **delegated study team member (PI or a sub-investigator)** can perform randomization remotely if a telestroke service is anyhow in place.

How it works:

- The on-site team evaluates the patient and communicates with the delegated study team member/PI by phone/videocall
- Inclusion and exclusion criteria are reviewed together (deferred consent signed on site by an indepedent physician if applicable to your country)
- The delegated team member/PI logs into secuTrial remotely and the patient is randomized
- Treatment allocation is communicated immediately and clearly back to the on-site team

This approach allows:

- Faster decision-making
- Inclusion of eligible patients also during nights/weekends
- Reducing missed patients

Please ensure that:

- Delegation and database access are appropriately set up
- Communication pathways within the team are clear and reliable
- The patient remains at your site until post-hoc consent can be obtained
- The 24h imaging is scheduled for both groups and all study activities are performed according to the study schedule - also during weekends

- This concept is only applicable for patients physically at your site (not patients at another stroke unit or during transfer)!

We are looking forward to meet the global DO-IT community next week in Maastricht - many thanks for your support and commitment!

If you have any questions or need support implementing any of the above, please don't hesitate to reach out - we are happy to assist you!

DO-IT Principal Investigators	Trial Coordination / Management	Contact details
Thomas Meinel Luciana Catanese Urs Fischer Aristeidis Katsanos David Seiffge Ashkan Shoamanesh	Freschta Zipser-Mohammadzada Nerea Fernandez Trigo Stefanie Abend	Email: do-it@insel.ch Phone: +41 31 632 60 83 +41 31 632 98 84 +41 31 632 67 80

Thank you for your continued commitment and collaboration. Le'ts keep the momentum going in the DO-IT trial!

Recruit. Care. Cure. DO-IT!

https://www.linkedin.com/in/do-it-trial-a5b76537a/

https://x.com/DOIT_trial

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